



Women's Coaching Alliance Coach Role

We are the Women's Coaching Alliance. Our mission is to develop female leaders through coaching youth sports. The WCA experience prepares young women to be leaders within and outside of sports and children in the community get a great coach whose positive influence impacts them for life.

If you've played a sport and are interested in being a coach, leader and role model to younger kids, please join us! The season-long coaching experience consists of five core components:

- Opportunities to coach rec-level sports, which entails activities including:
 - Motivating kids to learn new skills while keeping sport fun
 - Preparing, organizing, and adapting plans for practices and games
 - Teaching skills to kids of different skill levels
 - Communicating with parents, kids, co-coaches, other stakeholders
- Leadership Academy: structured learning for athletes to learn from experienced coaches what it takes to positively impact kids for a lifetime and get materials and experience running a practice
- Season-long structured mentoring from coaches and leaders to help problem-solve coaching challenges and draw connections between coaching and leading
- Partnering with co-coaches to learn from and collaborate with throughout the season to reinforce the benefits of diverse thinking and perspectives
- Ongoing mentoring, networking and learning through continued inclusion in the growing Women's Coaching Alliance Community

While the schedule for each sport will vary somewhat, coaching will typically involve preparing for and facilitating 1-2 60-90 minute practices and 1 game each week over the course of an 8-10 week season. Coaches will have a co-coach they will partner with and have two mentors they will be supported by throughout the season and will receive a stipend.

FAQ's:

- **What type of support will I receive?** In addition to learning and practicing positive coaching fundamentals, coaches will receive information on coaching their sport, sample practice plans and season-long mentors. Mentors include a coach mentor who has coached that sport and is available for help, advice and input, and a leader mentor who will help coaches see the leadership skills they're gaining through coaching. Mentors are available in weekly discussions and ad hoc as needed. Coaches will also get support from their WCA co-coaches, as all coaches are part of a coaching team.
- **When would I be coaching?** Dates will depend on the sport but typically the seasons run ~8-10 weeks long and most have 1 -2 practices per week and 1 game per week once games begin.
- **Can I share this with other female athletes?** YES! We're currently recruiting female athletes who are in high school, college or recently graduated and they can apply to be a coach on our website [here](#).
- **I'm interested - how do I get involved?** Great! You can sign up [here](#). Have more questions? Drop us a line [here](#) and we'll be back to you shortly.