



Women's Coaching Alliance

Coach Mentor Role

We are the Women's Coaching Alliance. Our mission is to develop female leaders through coaching youth sports. The WCA experience prepares young women to be leaders within and outside of sports and children in the community get a great coach whose positive influence impacts them for life.

The season-long coaching experience consists of five core components:

- Opportunities to **coach rec-level youth sports**, which entails activities including:
 - Motivating kids to learn new skills while keeping sport fun
 - Preparing, organizing, and adapting plans for practices and game
 - Teaching skills to kids of different skill levels
 - Communicating with parents, kids, co-coaches, other stakeholders
- **Leadership Academy**: structured learning for athletes to learn from experienced coaches what it takes to positively impact kids for a lifetime
- Season-long **structured mentoring** from coaches and leaders to help problem-solve coaching challenges and draw connections between coaching and leading
- **Partnering with co-coaches** to learn from and collaborate with throughout the season to reinforce the benefits of diverse thinking and perspectives
- Ongoing **mentoring, networking and learning** through continued inclusion in the growing Women's Coaching Alliance Community

Coach Mentor Role

The role of the coach mentor is key to setting new coaches up for success, helping them navigate challenging situations and helping to build their coaching confidence. Coach mentors will rely on their coaching experience to provide guidance on areas such as but not limited to:

- Team and parent communication including setting expectations
- Developing practice and game plans, keeping them fresh throughout the season
- Creating team goals that players of all skill levels are aligned around

- Facilitating a fun and successful team environment regardless of players' skill levels
- Making the most of the team coaching structure

The coach mentor will partner with the [leader mentor](#) to support new coaches throughout the season. Over the course of an 6-8 week season this role involves:

- Meet with coach mentor prior to season start
- Meet with coaches and leader mentor to get introduced, connected, and have coaches set goal for the season
- Attend 1st practice and game with coaching team
- Weekly 30 minute video calls with coaching team and leader mentor to answer questions, help navigate tricky situations, and collaboratively brainstorm solutions
- Attend season-end celebration to support coaches as they learn to leverage their coaching experience for their next steps (job, college etc)
- After the season, meet with coaches 3-4 times over the next 12 months to deepen the impact of leadership lessons learned through coaching. This step is optional depending on coach request though one that's encouraged

Because mentors will be interacting with minors, you will need to be fingerprinted or show proof of a fingerprinting report that has been completed in the past year.